



H.M.S. DEPARTMENT OF PSYCHIATRY NEWSLETTER

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The Beth Israel Deaconess Medical Center Department of Psychiatry

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The Beth Israel and Deaconess Hospitals have merged into the Beth Israel Deaconess Medical Center. This development is part of a larger merger between the Beth Israel Corporation, Pathway Health Network, and the Mount Auburn Foundation. The new network will have six hospitals and approximately 1500 physicians throughout Eastern Massachusetts and is called CareGroup.

This merger will require the integration of clinical departments from both downtown teaching hospitals into one entity, thereby creating a new Beth Israel Deaconess Department of Psychiatry. The consolidation of the two teaching hospitals into a single entity is intended to bolster post-graduate training programs, rationalize tertiary and quaternary services, improve efficiency, and serve as an expanded resource

to the rest of a growing network. The decision to functionally merge departments from the outset under a single administrative structure is a bold, complicated, and somewhat painful process.

In the case of Psychiatry, the merger is an extension and logical culmination of previous activities. The Beth Israel and Deaconess Departments of Psychiatry already are joined as sponsors of the Harvard Longwood Psychiatry Residency Training Program, and both are now members of the Harvard Consolidated Department of Psychiatry. There has been considerable interaction between the Emergency and Crisis service at the Beth Israel, and the Inpatient services at the Deaconess.

Dr. Fred Frankel had announced his upcoming retirement as Psychiatrist-in-Chief at the Beth Israel Hospital after many years of distinguished service, and a search committee was established to find a successor. With the merger of the Beth Israel and Deaconess Hospitals, the search committee activities have been suspended and Dr. Andrew Brotman will become Chief of the Beth Israel Deaconess Department of Psychiatry upon completion of the merger, with Dr. Frankel assuming the position of Chairman Emeritus until his retirement at some point during 1997.

The combined Beth Israel Deaconess Medical Center Department of Psychiatry will initially have sixty inpatient beds, more than 1700 inpatient discharges per year, more than 30,000 outpatient visits, a very strong training program in Psychiatry and Psychology, and an increased emphasis on clinical research. A closer relationship is planned with Behavioral Neurology and Neuroradiology, and outreach to primary care practitioners and community health centers will be stressed.

A centerpiece of the Department's clinical programming is the relationship with primary care medicine. Beth Israel has had a long history of integrating mental

health and substance abuse services with primary care through HealthCare Associates, and Deaconess has established a mental health presence in Deaconess Medical Associates over the last several years. These models of integration of mental health with primary care are effective and desirable in today's managed care environment. Psychiatrists and other mental health professionals are physically integrated into the primary care sites, and outreach to primary care physicians throughout the network will be a very high priority. Training and Outcomes Research in this setting are very important and will be emphasized. In combination with our network colleagues at Deaconess Waltham and Mt. Auburn Hospitals, we will be committed to and expert in general hospital psychiatry, and in the integration of mental health services with medical services.

The Harvard Longwood Psychiatry Residency Training Program will likely change little as a result of this merger. The Beth Israel Deaconess Medical Center will fund approximately fifty percent of the residency, with the remaining support continued by the Massachusetts Mental Health Center, the Brigham and Women's Hospital, and the Harvard Pilgrim Health Plan. Residents will continue to rotate on the inpatient services at both the Beth Israel and Deaconess, the Consultation-Liaison Service, the Emergency Service, and the Outpatient Service. All of these clinical programs will be integrated within the Beth Israel Deaconess Medical Center, but it will likely take some time to reconfigure the hospitals into a

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single unit. This process will result in the completion of a full continuum of care in mental health and substance abuse, including emergency services, crisis services, holding beds, respite beds, crisis beds, inpatient facilities, day hospital services, intensive outpatient services, an enhanced group program, and an enhanced substance abuse program throughout the continuum. Home based services, acute residential services, residential programs, and long term care are all being explored in the context of developing a full continuum within the integrated delivery system. This will allow the department to be more competitive in a risk-based environment, and will allow trainees to understand and follow patients throughout the continuum.

Clinical research will be enhanced, particularly in the areas of psychopharmacology, affective disorders, neuroimaging in a variety of disorders, and outcomes research. Wet lab research will continue to be headed by Dr. David Jimerson, and subspecialty programs in a variety of areas, including HIV services, affective disorders, pain, substance abuse, eating disorders, ECT, Indochinese services, and others will be better integrated into associated outpatient, inpatient, and partial programs.

The continued enhancement of biologic and medical psychiatry will add to a continuing commitment to psychotherapeutic training in psychodynamic and other psychotherapies. Hopefully, a greater integration between psychiatry, psychology, social work, and nursing will lead to improved training and practice opportunities for all.

The Beth Israel Deaconess Medical Center Department of Psychiatry will have a single Grand Rounds program beginning this academic year that we hope will lead to both the perception and reality of a single hospital department within the year. The excitement of these developments is certainly combined with feelings of loss of independence, and some trepidation about the rapidly evolving healthcare marketplace. It is this trepidation, coupled with unwavering commitment to maintain our place as one of the premier academic medical centers in the country, that brings us together.

Andrew W. Brotman, M.D., Clinical Professor of Psychiatry, will serve as the Chief of the Beth Israel Deaconess Medical Center Department of Psychiatry.

Accolades

Beth Israel Hospital

Bernard M. Edelstein, M.D., Instructor in Psychiatry, graduated from the Boston Psychoanalytic Society and Institute in May.

Brigham and Women's Hospital

Jonathan F. Borus, M.D., Professor of Psychiatry, has been named the winner of the 1997 Vestermark Award. Established in 1969 by the National Institute of Mental Health and the American Psychiatric Association, the Vestermark Award recognizes outstanding contributions to the education and development of psychiatrists, with special emphasis on preparation of teachers of psychiatry and introduction of new educational tools and improved teaching techniques to the field of mental health. Dr. Borus will receive the Award and the annual Vestermark Lecture at the May 1997 Scientific Meeting of the American Psychiatric Association in San Diego, CA. **John H. Halpern, M.D.**, Clinical Fellow in Psychiatry, was appointed a member of the Scientific Advisory Panel of the Heffter Research Institute; a not-for-profit research foundation, the Institute is devoted to underwriting basic and clinical research and fellowships to study hallucinogenic drugs.

Brockton-West Roxbury VA Medical Center

Jane Anderson, Ph.D., Research Fellow in Psychiatry, has joined the Laboratory of Neuroscience and V.A. Schizophrenia Center as a post-doctoral trainee of the CDP Clinical Research Training Program. Dr. Anderson will utilize structural MRI measurements to study schizophrenia, as well as working on the transcranial magnetic stimulation project.

Cambridge Hospital

Roberta Apfel, M.D., Associate Clinical Professor of Psychiatry, gave a presentation and poster session on "Reproductive Health and Reproductive Technologies" for the August 1996 World Congress of Psychiatry in Madrid, Spain. Dr. Apfel was also an invited conference participant to the Rockefeller Foundation Study Center in Bellagio, Italy, where she co-presented a talk with **Bennett Simon, M.D.**, Clinical Professor of Psychiatry entitled, "Anthro-

pological and Psychoanalytic Perspective on Aggression, Civilization, and Its Discontents Revisited." **Prudence Baxter, M.D.**, Clinical Instructor in Psychiatry, has been appointed Director of the Cambridge Court Clinic; Dr. Baxter also recently received her board certification in forensic psychiatry. **Nancy Bridges, M.S.W., L.I.C.S.W.**, Lecturer on Psychiatry, and **Carol Nadelson, M.D.**, Clinical Professor of Psychiatry, co-chaired a symposium, "Maintaining Boundaries: Clinical and Legal Perspectives," at the 1996 annual May meeting of the American Psychiatric Association in New York, NY. Presenters included **Malkah Notman, M.D.**, Clinical Professor of Psychiatry, and **Linda Jorgenson, J.D.** Ms. Bridges also presented several papers in July including "Understanding and Managing Loving Feelings in Therapeutic Relationships: Neglected Areas of Psychotherapeutic Practice" at a psychotherapy conference in Bermuda, and "Supervision of Interns Experiencing Erotic Feelings Toward Patients" at the Smith College for Social Work. **Rosemary Calverley, Ed.D.**, Clinical Fellow in Psychology, presented her research at the 73rd Annual Meeting of the American Orthopsychiatric Association in a paper entitled "Sexual Abuse and Self-Evaluation in Depressed Adolescent Girls" on May 4, 1996, in Boston, MA. **Andrea Celenza, Ph.D.**, Instructor in Psychology, was the discussant for a symposium entitled, "A Rorschach Investigation of Various Sub-Types within the Spectrum of Borderline Psychopathology" presented during the July International Congress of Rorschach and Projective Methods. Dr. Celenza also co-presented a paper with **Mark Hilsenroth, B.A.**, Clinical Fellow in Psychology, on "A Rorschach Investigation of Sexualized Dual Relationships." **Joan Corr, M.D.**, Clinical Instructor in Psychiatry, has been named editor of *MPS Perspectives*, a publication of the Massachusetts Psychiatric Society. **Judith Herman, M.D.**, Associate Clinical Professor of Psychiatry, is the recipient of the 1996 Lifetime Achievement Award by the International Society for Traumatic Stress Studies. This award is given to an individual who has made a significant contribution to the field of PTSD, and the award will be presented at the Society's Annual Meeting in San Francisco, CA. **Edward Khantzian, M.D.**, Clinical Professor of Psychiatry, was invited to be a featured speaker at a conference

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convened in September for clinicians who treat NFL players with substance abuse disorders; he spoke on "Addictive Vulnerability in the Gifted Athlete: The Blessing and Burden." Dr. Khantzian is one of the original supervising/consulting physicians for the National Football League's (NFL) Drug Control Program that was started in 1986. Arthur Kleinman, M.D., Maude and Lillian Presley Professor of Medical Anthropology and Professor of Psychiatry, was awarded the Distinguished Citizen Award of the World Federation of Mental Health on behalf of the *World Mental Health Report*. Dr. Kleinman received an Honorary Doctorate of Science from York University in Toronto, Canada, and he gave the keynote address to the Annual Meeting of the Japanese Psychiatric Association. **John Mack, M.D.**, Professor of Psychiatry, was the 1995 recipient of the Franklin Loehr Memorial Award for Contribution to the Advancement of New Science by the International Association for New Science. **Caroline McLeod, B.A.**, Clinical Fellow in Psychology, presented a paper entitled, "Alien Abduction and Structurally Determined Reality" at the May 1996 annual meeting of the Society for Scientific Exploration at the University of Virginia. **Tamar Meidav, M.D.**, Clinical Fellow in Psychiatry, has been selected as a Mead/Johnson Fellow to the American Psychiatric Association for the 1996-1998 term; Dr. Meidav will serve on the Council on Children, Adolescents, and Their Families. **Elliot Mishler, Ph.D.**, Professor of Social Psychology, has been invited to be a Core Faculty member for the Colloquium on Qualitative Research. The colloquia, beginning in the Fall of 1996 and continuing as an ongoing series, are sponsored by the Clinical Effectiveness Program of the Harvard Medical School and the Harvard School of Public Health. The intent is to advance the level of qualitative research conducted in the fields of medicine and public health. **Carol Nadelson, M.D.**, Clinical Professor of Psychiatry, was a Distinguished Psychiatrist Lecturer at the American Psychiatric Association Annual Meeting in May of this year; she spoke on "Gender-Based Biology: Implications for Psychiatry." Dr. Nadelson also gave a talk before the Maryland Psychiatric Society entitled, "Ethics, Empathy, and Gender in Health Care." Dr. Nadelson made two presentations with **Malkah Notman, M.D.**, Clinical Professor of Psychiatry, at the World Psychiatric Association Congress in Madrid,

Spain, in August: "Gender Differences in Psychiatric Treatment" and "Psychotherapy with Patients Who Have Had Sexual Relations with a Previous Therapist." **Claudio O. Toppelberg, M.D.**, Instructor in Psychiatry, is the recipient of an American Academy of Child and Adolescent Psychiatry (AACAP) Pilot Research Award; he will present the design and methods of his study, "Psychopathological Profile of Limited English Proficiency Bilingual Children in a Clinical Sample", at the 1996 AACAP Meeting in Philadelphia, PA. **Robert L. Weber, Ph.D.**, Instructor in Psychology, was a Course Director and Instructor for a twelve-hour Curriculum for Certification in the National Registry of Certified Group Psychotherapists at the Annual Conference of the Northeastern Society for Group Psychotherapy; the Conference was held at Wellesley College in June. Dr. Weber also presented "An Overview of Group Therapy" at the Armed Forces Psychiatric Update Conference in San Antonio, TX, in September.

Children's Hospital

William Beardslee, M.D., George P. Gardner-Olga E. Monks Professor of Child Psychiatry, received the 1996 Psychotherapy Research Award from the American Academy of Child and Adolescent Psychiatry (AACAP) for his paper, "Response of Families to Two Preventive Intervention Strategies: Long-Term Differences in Behavior and Attitude Change." The paper appeared in the June 1996 issue of the *Journal of the American Academy of Child and Adolescent Psychiatry*. Dr. Beardslee will receive the award during the Opening Plenary of the AACAP's Annual Meeting in Philadelphia, PA, on October 24, 1996. **Jane Holmes Bernstein, Ph.D.**, Assistant Clinical Professor of Psychology, was invited to be a faculty fellow of the Harvard University Mind/Brain/Behavior Initiative. **Celiane M. Rey-Casserly, Ph.D.**, Instructor in Psychology, was awarded a Diplomate in Clinical Neuropsychology from the American Board of Professional Psychology in June, 1996.

Massachusetts General Hospital

Ronald Cowan, M.D., Clinical Fellow in Psychiatry, and **Adam Savitz, M.D., Ph.D.** Clinical Fellow in Psychiatry, were selected as two of ten APA/GlaxoWellcome Fellows for a two-year term, May 1996

through May 1998. The APA/GlaxoWellcome Fellows comprise a special group of psychiatric residents who participate in the work of the components of the American Psychiatric Association. **Anne Fishel, Ph.D.**, Clinical Instructor in Psychology, received the Teacher of the Year Award from the MGH 1996 graduating psychology interns. Dr. Fishel was also honored with the Teacher of the Year Award from the MGH 1996 graduating adult psychiatry residents. She is the first person in the Department to have received both awards. **Stuart Gitlow, M.D., M.P.H.**, Instructor in Psychiatry, was elected to the Governing Council of the American Medical Association's Young Physician Section at the AMA's annual meeting; Dr. Gitlow holds a two-year position as a Member-at-Large. He recently organized and chaired the Computer and Online Course for the American Society of Addiction Medicine at their annual Medical-Scientific Conference. **Gina Hayashi, M.S.**, Clinical Fellow in Psychology, won the sixth annual Emerson Award for outstanding research by a Massachusetts General Hospital psychology trainee; her topic was "Long-Term Effects of Parental Divorce on Love Relationships: Divorce as Attachment Disruption." **Isabel Lagomasino, M.D.**, Clinical Fellow in Psychiatry, won the Thomas P. Hackett Award for outstanding academic-research achievement during residency training. Dr. Lagomasino presented a talk on "Steroid Psychosis: The Neuropsychiatric Complications of Glucocorticoid Use." **Miguel Leibovich, M.D.**, Assistant Clinical Professor of Psychiatry, was invited to give a number of lectures over the last few months regarding the "Psychological Consequences of Malpractice Suits in Physicians." His work was detailed in an article published in *Psychiatric News*; additionally, Dr. Leibovich is the APA Liaison for the Practice Research Network for Area I (New England and Eastern Canada.) **Michael Otto, Ph.D.**, Assistant Professor of Psychology, received the Teacher of the Year Award from the MGH 1996 graduating psychology interns. **Bina Patel, M.D.**, Instructor in Psychiatry, was selected as a Linda Pollin Fellow; as a Pollin Fellow, Dr. Patel will do a one-year fellowship in medical crisis counseling in the community. **Paula Rauch, M.D.**, Instructor in Psychiatry, received the Teacher of the Year Award from the

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